



Situated on Le Morne peninsula next door to Dinarobin
on the south west coast of Mauritius.

Le Morne Peninsula, Mauritius

Tel: (00230) 401-5050

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Restaurants

While dress is casual during the day, evenings call for smart casual dress, with long trousers and closed shoes for the men. There are four restaurants at Paradis. Prior reservation is required for all restaurants. Paradis guests are also free to dine at the four restaurants at Dinarobin, L'Harmonie, the main restaurant, Umami, Il Gusto or La Plage. Prior reservations are required. An electric car shuttle service is available between the two hotels at scheduled intervals.

Dining hours are as follows:

Le Brabant (main restaurant)

Breakfast	07h00 - 10h00
Lunch	12h30 - 15h00
Dinner	19h00 - 22h00
Theme buffets	

La Palma (Italian fusion restaurant)

Lunch	12h30 - 15h00
Dinner	19h00 - 22h00

Blue Marlin (European and seafood)

Breakfast	07h30 - 10h00
Lunch	12h30 - 15h00
Dinner	19h00 - 22h00

La Ravanne (Mauritian restaurant)

Dinner	19h00 - 22h00
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All à la carte restaurants offer a choice of set menu (included in the half-board package) or à la carte dining, where a supplement per course is payable.

Corkage will be charged for wine brought to the table by guests. Tea and coffee are not included at dinner.

Bars

Paradis Bar

Open	10h00 - 01h00
Pancakes	15h30 - 17h30

Blue Marlin

Open	10h00 - 23h00
Snacks served	15h00 - 17h00
Golf Club Bar (seasonal)	
Open	06h30 - 19h00

Room service

Room service is available from 06h30 to 23h00 and a tray charge is applicable per order. Complimentary tea and coffee facilities are available in the rooms.

Entertainment

A live band plays every evening. Guests are entertained by shows on certain evenings.

Reservations for sporting facilities

The boat house is open from 09h30 to 17h00. Enquiries for deep-sea fishing can be made at either the concierge or with guest relations. Scuba diving must be booked at the respective centre. Bookings for tennis must be made at the sports centre. Tennis racquets are free of charge. Bookings for golf must be made at the golf clubhouse. A rental fee is payable for golf clubs and golf carts. Green fees are also charged. All tennis and golf balls are for your account. Group sports lessons are available free of charge at specified times. Other land sports include bocceball, volleyball, aerobics and table tennis. Bicycle hire can be booked at the sports centre.

Health and sports centre

Use of the fully equipped gym and hammams is available free of charge. Pilates, yoga and spinning classes are also on offer. Facilities available to guests as from 16 years.

Spa

The spa offers a variety of health and beauty treatments. The professional team offers a variety of massages and therapies. All treatments are at an additional charge and reservations must be made in advance.

The Art of Beautiful